





## EFFECTIVE TOOLS FOR TELEHEALTH SESSIONS ONLINE TRAINING COURSE

These are extraordinary times, and many clinicians have made the choice to shift to Telehealth when working with clients/patients. This situation offers unique challenges, including being of service to others while dealing with our own anxieties. Therefore, it requires unique solutions. In this online course - cosponsored by BraveHeart Retreats and Action Institute of California - we will offer effective tools and techniques from Somatic Experiencing, Sociometry, Psychodrama and Positive Psychology for clinicians to use with individual, couples, family and group therapy/counseling clients in Telehealth sessions. We will focus particularly on creating and maintaining safety and attunement, and providing comfort and calm to our clients while supporting their continued emotional and spiritual growth. (Limited to 15, so please register early.)

## DATE AND LOCATION

<u>Two different days/times:</u> Friday, March 20 from 2-3 pm PT or Monday, March 23 from 10-11 am PT Online via Zoom (Link will be send upon registration)

FEE:

\$85

## FOR FURTHER INFORMATION OR TO REGISTER:

Please visit www.braveheartretreats.com, call (310) 744-5257 or e-mail admin@braveheartretreats.com

## **CONTINUING EDUCATION CREDITS:**

Course meets the qualifications for a total of 1 hour of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs. CAMFT approved CE Provider #123417. Provider approved by CCAPP-EI, Provider Number 2N-10-135-0222 for 1 CEH. Approved for 1 CEH for Psychodrama and for Experiential Professionals (ISEP).

> Please visit our website at braveheartretreats.com for cancellation and grievance policies, educational goals, special needs accommodation and information regarding issuance of course completion documents.



**Facilitator:** Jean Campbell, LCSW, SEP, CET3, TEP is a Licensed Clinical Social Worker, a Board Certified Trainer and Practitioner of Psychodrama, Sociometry and Group Psychotherapy, a Somatic Experiencing Practitioner®, a Practitioner and Trainer of Psychodramatic Bodywork® and earned a Certificate in Positive Psychology from the Wholebeing Institute. With 25 years of clinical experience focusing on addiction recovery, trauma resolution and somatic psychotherapy, she provides ongoing Training Groups for Professionals, BraveHearted Leadership Retreats, personal growth workshops and intensives for individuals, couples and families, staff training and team building, Jean uses action to effect change, creates safe spaces for people to do their own healing work and believes that what we can't do alone, we can do together.