



BraveHeart Retreats

USING PSYCHODRAMA WITH INDIVIDUALS AND COUPLES

While psychodrama and sociometry are typically used in group settings, they can be incredibly effective when working with individuals and couples as well. In this 3-day weekend workshop, practitioners will learn specific action method techniques to help their clients engage in the therapeutic process, use props and chairs to reach deeper affect, resolve conflict and move towards resolution by bringing issues to life. Through the use of sociometry and psychodrama, clients can be helped to practice new, more effective life skills that can clear away what is no longer working in their lives and move forward in healthier ways.

DATE:

Friday - Sunday, August 7-9, 2020
9:30 am - 5:00 pm each day

LOCATION:

4001 Westerly Place, Suite 110
Newport Beach, CA 92660

FEE:


\$500 if registered and paid by July 7th; \$575 thereafter
(Please contact us for information regarding credit card payments and payment plans)

FOR FURTHER INFORMATION OR TO REGISTER:

Please visit www.theactioninstitute.com, call (310) 744-5257 or e-mail admin@braveheartretreats.com for more info or to register

CONTINUING EDUCATION CREDITS:

Course meets the qualifications for a total of 18.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs. CAMFT approved CE Provider #123417. Provider approved by CCAPP-EI, Provider Number 2N-10-135-0222 for 18.5 CEH'S. Approved for 18.5 CEHs for Psychodrama and for Experiential Professionals (ISEP). Please visit our website at theactioninstitute.com for cancellation and grievance policies, educational goals, special needs accommodation and information regarding issuance of course completion documents.



Facilitator: Jean Campbell, LCSW, SEP, CPC, CIPP, TEP is a Licensed Clinical Social Worker, a Board Certified Trainer and Practitioner of Psychodrama, Sociometry and Group Psychotherapy, a Certified Professional Coach, a Somatic Experiencing Practitioner, a Practitioner and Trainer of Psychodramatic Bodywork® and earned a Certificate in Positive Psychology from the Wholebeing Institute. With 24 years of clinical experience focusing on addiction recovery, trauma resolution and somatic psychotherapy, she provides BraveHeart Retreat workshops and intensives, Training Groups for Professionals, BraveHearted Leadership Retreats, Leadwell Retreats, staff training and team building, Jean uses action to effect change, creates safe spaces for people to do their own healing work and believes that that what we can't do alone, we can do together.