

Somatic Exploration Using Action: A Half-Day Training for Professionals

Action methods drawn from the practice of Sociometry and Psychodrama are a powerful complement to the body-related approaches used by practitioners, and can especially support clients moving from a state of shut down/dissociation to access of feelings. In groups, action methods can quickly create safety and cohesion, support co-regulation and strengthen interpersonal connections. As Psychodramatists and Somatic Practitioners, we are eager to introduce our fellow professionals to a set of simple, practical tools they can apply with individuals, couples, groups and families, to help clients build their capacity to tolerate deeper expression of emotion. Please join us for a half-day workshop to learn, experience and gain competence in the use of these techniques, so that you may easily implement them in your practice.

DATE, TIMES AND LOCATION

January 11, 2019 - 9:00 am -1:00 pm
Mariposa Center - 200 E Katella Avenue, Orange, CA

FEE:
\$80

Please visit www.theactioninstitute.com, call 310-909-9780 or e-mail actioninstitute@mac.com for further information or to register.

CONTINUING EDUCATION CREDITS:

Course meets the qualifications for a total of 3.75 hours of continuing ed credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. CAMFT approved CE Provider #123417. Approved by CCAPP-EI, Provider Number 2N-10-135-0220 for 3.75 CEHs. Approved for 3.75 CEHs for CET and Psychodrama. Visit theactioninstitute.com for cancellation/grievance policies, educational goals, special needs accommodation and information regarding course completion documents issuance.



Facilitator: Jean Campbell, LCSW, CIPP, TEP is a Board-Certified Trainer and Practitioner of Psychodrama, Sociometry and Group Psychotherapy, a Trainer and Practitioner of Psychodramatic Bodywork® and a Somatic Experiencing® Practitioner-in-Training (Advanced Level I completed). She has dedicated her 23 years in the addiction and behavioral health field to bringing communities and families together to heal. As Founder and CEO of Action Institute of California, Jean provides Psychodrama Training for Professionals, Leadership Workshops, Team Building and Program Development. She is committed to using action to effect change and believes what we can't do alone, we can do together.



Facilitator: Michael Gross, PhD, SEP, CADCI, CP, PAT is a Board Certified Practitioner of Psychodrama, Sociometry and Group Psychotherapy and a Somatic Experiencing® Practitioner. He has worked in the field of addiction recovery for over seven years, and, for more than five years, has facilitated psychodrama groups for survivors of trauma and neglect, as well as addictions and eating disorders. He integrates principles of twelve-step recovery into his work with groups and individuals, and seeks to embody them in his own life.