



Couples Weekend

Deepening Connection, Communication and Intimacy

This 3-day weekend workshop is designed for couples who want to build greater communication and intimacy in their relationship. Through action-oriented exercises, such as psychodrama, sociometry, art making and music, couples will be provided tools to deepen vulnerability and emotional intimacy, work through conflict, build communication, and identify and begin to release defenses that are getting in the way. Couples can gain insight into how their histories are impacting their relationship and create a new road map for the future.

LOCATION

Mission San Luis Rey Retreat Center
4050 Mission Avenue, Pablo Tac Hall, Oceanside, CA 92057

DATES AND TIMES

Friday-Sunday, July 15-17, 2016
9:30 am - 5:00 pm each day

FEE

\$900 per couple if registered and paid by June 15th; \$950 thereafter

Limited to 5 Couples, So Register Early.

If you are in recovery, you **MUST** have at least 2 years of continuous time, and be actively engaged on a recovery path. Please contact us at 310-909-9780, by e-mailing actioninstitute@mac.com or by visiting moonlightworkshops.com. Please see our website for our refund/cancellation policy.



Facilitator: Jean Campbell, LCSW, TEP has long had a vision of creating a safe haven for individuals, couples and families to slow down, go within, find the roadblocks that are inhibiting their growth, and use action methods to help them shift forward in the direction of their dreams. In addition to her 20+ years of clinical experience in the areas of addiction and codependency recovery, trauma resolution and somatic psychotherapy, Jean brings to Moonlight Workshops her own 28-year experience of healing and spirituality to every workshop that she facilitates, and trusts that what we can't do alone, we can do together.