

Discovery Speaker Series: *Role Training For Recovery*

June 15, 2018
9:30-11:00 am

9:30-10:00 am: Breakfast Provided
10:00-11:00 am: Course

Center For Discovery
Del Mar Outpatient

11455 El Camino Real #360
San Diego, CA

Presenter



Jean Campbell, LCSW, CIPP, TEP

Jean Campbell is a Board-Certified Psychodramatist and Sociometrist, a Trainer and Practitioner of Psychodramatic Bodywork[®], and a Somatic Experiencing[®] Practitioner-in-Training. She has served in the addiction and mental health fields for over 23 years. Jean specializes in trauma resolution and somatic psychotherapy. As Founder and CEO of Action Institute of California, Jean provides Leadership Workshops, Psychodrama, Sociometry and Psychodramatic Bodywork[®] Training for professionals, program development, and team building in organizations. Jean is committed to using action to effect change on a mind, body, and spiritual level.

Perfectionism in eating disorder clients often gets in their way of stepping into new roles and behaviors during their lives. Understanding the 3-part process described in JL Moreno's Role Theory allows us to provide more patience to our clients and to teach them self-compassion on their journey. In this didactic and experiential presentation, participants will experience the dynamics of role theory through action, allowing them to bring effective tools directly back to their clinical practice and their own lives.

Learning Objectives:

1. Identify 2 benefits of understanding the process of role training
2. Identify 2 components of the "role" of an eating disordered individual
3. Identify 2 action techniques to help clients shift to the role of a recovering individual

Course meets the qualifications for 1 hour of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. This course is offered free of charge. Intended audience is beginning, intermediate, and advanced clinicians seeking to enhance their skills in the training described above. For information on special accommodations or to address grievances, please email the host below.

Center For Discovery (Provider #137121) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Center For Discovery maintains responsibility for this program/course and its content.

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For More Information About Our Program: www.CenterForDiscoveryDelMar.com | 888-846-0649